

LDR 121 Kilometer - Zeiten

| Neonpink 35 km (Loop 1) | | | | |
|------------------------------------|------|----------|----------|----------|
| | km | Zeit T3 | Zeit T4 | Zeit T6 |
| Startzeit | | 06:45:00 | 06:45:00 | 6:45:00 |
| Posten 1/2 Bundesstraße | 3,5 | 06:55:30 | 06:59:00 | 7:06:00 |
| CP 1 Straße nach Dreetz | 7,5 | 07:07:30 | 07:15:00 | 7:30:00 |
| CP 2 Straße nach Friesack Kurve | 14,0 | 07:27:00 | 07:41:00 | 8:09:00 |
| CP 3 Straße nach Friesack (Dreetz) | 20,0 | 07:45:00 | 08:05:00 | 8:45:00 |
| Posten 3 Dreetz | 24,5 | 07:58:30 | 08:23:00 | 9:12:00 |
| Posten 1/2 Bundesstraße (retour) | 29,5 | 08:13:30 | 08:43:00 | 9:42:00 |
| CP 4 Strubbergshof | 31,6 | 08:19:48 | 08:51:24 | 9:54:36 |
| Posten 6 Koppel | 32,6 | 08:22:48 | 08:55:24 | 10:00:36 |
| Pause (Gestüt) | 35,0 | 08:30:00 | 09:05:00 | 10:15:00 |

| Neonpink 35 km (Loop 2) | | | | |
|------------------------------------|------|----------|----------|----------|
| | km | Zeit T3 | Zeit T4 | Zeit T6 |
| Pausenzeit (Dauer) | | 00:40:00 | 00:40:00 | 00:40:00 |
| Auszeit | | 09:10:00 | 09:45:00 | 10:55:00 |
| Posten 1/2 Bundesstraße | 3,5 | 09:20:30 | 09:59:00 | 11:16:00 |
| CP 1 Straße nach Dreetz | 7,5 | 09:32:30 | 10:15:00 | 11:40:00 |
| CP 2 Straße nach Friesack Kurve | 14,0 | 09:52:00 | 10:41:00 | 12:19:00 |
| CP 3 Straße nach Friesack (Dreetz) | 20,0 | 10:10:00 | 11:05:00 | 12:55:00 |
| Posten 3 Dreetz | 24,5 | 10:23:30 | 11:23:00 | 13:22:00 |
| Posten 1/2 Bundesstraße (retour) | 29,5 | 10:38:30 | 11:43:00 | 13:52:00 |
| CP 4 Strubbergshof | 31,6 | 10:44:48 | 11:51:24 | 14:04:36 |
| Posten 6 Koppel | 32,6 | 10:47:48 | 11:55:24 | 14:10:36 |
| Pause (Gestüt) | 35,0 | 10:55:00 | 12:05:00 | 14:25:00 |

| Rot 30,5 km (Loop 3) | | | | |
|---------------------------|------|----------|----------|----------|
| | km | Zeit T3 | Zeit T4 | Zeit T6 |
| Pausenzeit (Dauer) | | 00:40:00 | 00:40:00 | 00:40:00 |
| Auszeit | | 11:35:00 | 12:45:00 | 15:05:00 |
| CP 4 Strubbergshof | 5,0 | 11:50:00 | 13:05:00 | 15:35:00 |
| Posten 6 Koppel | 5,8 | 11:52:24 | 13:08:12 | 15:39:48 |
| WP Sieversdorf | 10,0 | 12:05:00 | 13:25:00 | 16:05:00 |
| CP 5 Neu Roddahn | 13,5 | 12:15:30 | 13:39:00 | 16:26:00 |
| CP 8 Neuhof | 13,5 | 12:15:30 | 13:39:00 | 16:26:00 |
| WP Neuhof | 18,0 | 12:29:00 | 13:57:00 | 16:53:00 |
| Posten 4 Straße nach Lohm | 20,0 | 12:35:00 | 14:05:00 | 17:05:00 |
| CP Lohm Silo | 20,5 | 12:36:30 | 14:07:00 | 17:08:00 |
| WP Koppenbrück | 24,0 | 12:47:00 | 14:21:00 | 17:29:00 |
| CP 8 Biberplatte | 27,0 | 12:56:00 | 14:33:00 | 17:47:00 |
| Pause (Gestüt) | 30,5 | 13:06:30 | 14:47:00 | 18:08:00 |

| Yellow 20,5 km (Loop 4) | | | | |
|-------------------------|------|----------|----------|----------|
| | km | Zeit T3 | Zeit T4 | Zeit T6 |
| Pausenzeit (Dauer) | | 00:50:00 | 00:50:00 | 00:50:00 |
| Auszeit | | 13:56:30 | 15:37:00 | 18:58:00 |
| CP 4 Strubbergshof | 5,0 | 14:11:30 | 15:57:00 | 19:28:00 |
| Posten 6 Koppel | 5,8 | 14:13:54 | 16:00:12 | 19:32:48 |
| WP Sieversdorf | 10,0 | 14:26:30 | 16:17:00 | 19:58:00 |
| CP 8 Biberplatte | 17,0 | 14:47:30 | 16:45:00 | 20:40:00 |
| Ziel (Gestüt) | 20,0 | 14:56:30 | 16:57:00 | 20:58:00 |